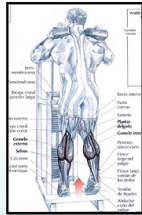


Gemelos y glúteos

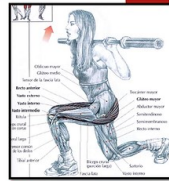
1 Gemelos



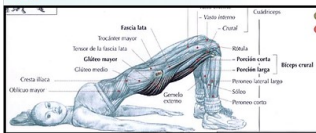
3 Sóleos



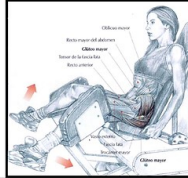
5 Glúteo mayor



2 Glúteo mayor y bíceps crural



4 Abductores



6 Tensor fascia lata

